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Photo by Shannon McCullough Rachel Walker from Reptiles Alive exhibits a live snake for campers at Camp McLean, run by the

# Summer Fun at Camp McLean

Summer Camp including excursions and close to home fun.

McLean Community Center.

#### By Shannon McCullough The Connection

amp McLean is a summer camp run by the McLean Community Center at Churchill Road Elementary School for children aged 3 to 11. The camp includes many activities including arts and crafts and games.

The camp has six one-week sessions running until Aug. 7. The campers are divided up by age group and each age group does activities tailored to the specific abilities and desires of the age.

The Tot camp is for children aged 3 to 4 years. The Explorer camp is for 5 year olds. The Voyager Camp is for rising first-throughthird graders. The Adventure Camp is for rising fourth graders. Extreme Camp is for rising fifth and sixth graders.

The camps also includes various local field

#### On The Cover

Pre-med students Aisha Bashir and Rabia Aslam relax in the courtyard between classes at Northern Virginia Community College. Students who attend NVCC can achieve guaranteed admission to some of Virginia's top colleges and universities.

trips. Some of the field trips include laser tag, outdoor rock climbing, the National Zoo, Six Flags, canoeing, Busch Gardens, The Spy Museum, the Engraving and Printing Museum, the Baltimore Aquarium, Watermine, the Flight Simulator at the Udvar-Hazy Air and Space Center, bowling, Upton Hill Park, ESPN Zone, sailing, rafting, and Nationals games.

Each week has a different theme so there is always something new for returning campers. The themes include Patriotism Week, Animal Adventures Week, Mystery Week, Out to Sea Week, Discovery and Engineering Week, and Olympic/Sports Week.

The campers are under constant supervision and guidance from a team of counselors, led by director Michael Fisher.

Working at a summer camp is often very rewarding for the adults. "The thing I most enjoy about Camp McLean is watching the campers grow throughout the summer as they make new friendships and build their self esteem and self confidence," said camp director Fisher.

For more information contact Michael Fisher at michael.fisher@fairfaxcounty.gov or at 703-448-8336.

Photo by Louise Krafft/Connection

Community college graduates with certain GPA, courses, can win automatic acceptance.

> By Julia O'Donoghue The Connection

hen Suzanne Spatz graduated from Woodson Secondary School in 2007, her family knew she wouldn't be able to attend a four-year college or university right away.

Even though she received excellent grades in high school, Spatz suffered from Lyme disease and was too sick to go away to college at the time. So the teenager opted to attend Northern Virginia Community College and live at home while her health stabilized.

'We never would have thought about it until she became ill," said Melody Spatz, about the decision to enroll her daughter, Suzanne, at a community college.

Both Melody Spatz and her husband had attended the University of Virginia and always assumed their children would enroll in traditional four-year undergraduate programs. Initially, Melody Spatz worried Suzanne would not be an attractive transfer applicant for selective fouryear universities because she would be coming from a community college.

BUT Suzanne Spatz's time at Northern Virginia Community College helped, rather than hindered, her admission to one of the top public universities in the country.

The teenager was automatically accepted to the University of Virginia after meeting all the requirements laid out in a "guaranteed admissions" agreement between Northern Virginia Community College and the highly competitive state school in Charlottesville.

The arrangement allows the community college graduates to bypass the regular application process and ensure their transfer to the University of Virginia if they meet certain academic thresholds while earning their associate's degree.

**NVCC** Guarantees





Pre-med students Aisha Bashir and Rabia Aslam relax in the courtyard between classes on the Northern Virginia Community College Annandale campus.

### Find Out More

For more information on Northern Virginia Community College's guaranteed admission program, see www.nvcc.edu/about-nova/ directories-offices/administrative-offices/ academic/guaranteed-adm/

Students like Spatz, who earn a grade-point average (GPA) of at least 3.4 on a 4.0 scale, can be assured a slot at the University of Virginia through the arrangement.

In addition to the GPA cut off, the students must earn at least a "C" or higher in all of their community college classes and a "B" or higher in two required English courses. They also have to take a certain number of community college credit hours in foreign language, social science, humanities and historical studies. They must enroll in at least one "nonWestern perspective" course.

"I am very happy that I did it. It was kind of nice to know I could guarantee my admissions somewhere," said Spatz.

IN ADDITION to the University of Virginia, about 38 other colleges and universities have signed "guaranteed admissions" agreements with Northern Virginia Community College over the last two years.

Some of the schools participating are among the state's most prestigious - including the College of William & Mary, Virginia Tech, James Madison University, George Mason University, The George Washington University and Georgetown University.

See **NVCC**, Page 6

Transfer, Guaranteed

Northern Virginia Community College students earning an associate's degree can earn guaranteed admission to many four-year colleges, including UVA and William and Mary, if they meet certain course requirements and earn a certain grade point average (GPA.)

Those who use the community college's "guaranteed admissions" program transfer into undergraduate programs as juniors because the credits earned for their associate's degree count toward their freshman and sophomore years of school.

The exact GPA and extra course requirements needed for automatic admission vary, depending on the university or college the student wishes to attend.

Here is a list of schools that will automatically accept Northern Virginia Community College graduates if certain requirements are met, including the following GPA threshold:

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\*Community college students earning a 3.5 GPA or higher will automatically receive a \$10,000 scholarship to Lynchburg, students earning a 3.0 to 3.49 GPA will receive a \$7,500 scholarship to Lynchburg, students earning a 2.5 to 2.99 GPA will receive a \$5,000 scholarship to Lynchburg

\*\*Community college students earning a 2.75 GPA or higher will be eligible to compete for a special scholarship at Virginia Commonwealth University

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# **Scouts Update Their Status**

Away-from-home experience at summer camp has changed with today's technology.

atie Thompson and her in the middle of a 10-mile hike along the

Massanutten Trail 19 months ago when they had to stop for a moment. It wasn't as if someone was tired or needed a drink of water. The view from one of the mountain's ridges, quite frankly, was too much.

Once at a standstill, members of the group peered out over the ridge, which bisects the Shenandoah Valley and overlooks Luray, Va. This was a moment and a view unlike many the teenage girls from Fairfax Station and Lorton had ever seen and it had to be recorded for posterity. Bragging, as fingers started to make contact with buttons on the girls' cell phones, would be required.

"I really enjoyed being able to do that," said Thompson, who, along with her troop, started snapping pictures and calling friends to remember the moment. "Before, if you didn't have the technology to do that, it's

By Jason Mackey really hard to show other people how The Connection exciting girl scouting can be. Some people may think that it's really boring and lame, but really it's an Girl Scout troop had been awesome experience that helps you out later in life.'

> "In a time where we're always trying to encourage girls to stay in Girl Scouts and [we're trying to] recruit Girl Scouts, what greater publicity is there than having one girl call a friend and say, 'This is so cool ... look what I'm doing,'" said troop leader Barb Hunter.

> Indeed, cutting-edge technology has been welcomed within Troop 5002. Hunter, who works for the Air Force during the day and is an admitted "geek at heart," wouldn't have it any other way. In fact, the group has embraced Facebook as a way to organize troop activities and even publishes a daily E-Newsletter to send to parents, recapping what happened that day at camp.

Well aware that beginning an overdinner conversation with one's teenage daughter might rival a difficult mountain climb, Hunter started the Daily Prophet E-Newsletter program

as a way for parents to have a few talking points ahead of time. It's also a way for the girls to do something together at camp that might not involve glue sticks and crayons.

"I love embracing technology with the girls," said Hunter. In addition to working as her own troop's leader, Hunter is responsible for training a cadre of group leaders. Technology, as she eventually learned, has always been a point of contention among those in charge.

"It's interesting when we talk training, there are some old-school folks that say, 'I prohibit cell phones," Hunter said, "and I'll say, 'Let's talk about that.' Because these girls ... that's part of their very being.

"Some old-school folks say, 'I prohibit cell phones,' and I'll say, 'Let's talk about that.'" - Barb Hunter, Girl Scout Troop 5002

"Prohibiting [cell phones] would be like saying to someone in their 30s that you're going to prohibit them from ever using a computer again."

> **YET WHILE** Hunter views technology as a vital part of the scouting experience, others have been holding out as long as possible. Stephen Hargreaves, the troop leader for Boy Scout Troop 893 in Centreville, views scouting expeditions as a way to get away from technology and a way to re-connect with nature.

"They get enough of it at home, and when they're here, we're trying to get them to do scout things," Hargreaves said. week where we can't be contacted. It's pretty much, 'Hey, I'm at scout camp in the middle of nowhere with no con-



At Marriott Ridge in Fauquier County, Ben Clark, right, and Jonathan Bocktler from Troop 1018 learn to build a fire. Doug Donnell, the troop's leader, started a blog three years ago to recount a trip to Switzerland for those back home, 'It was very well received,' he says.

nectivity ... see you in a week.' I know some enjoy that quite well." Like many, Hargreaves doesn't have a carved-in-stone rule when it comes to the use of cell phones; he does, however, recommend that his scouts leave them at home.

Hargreaves did say that sometimes it's the parents who have the toughest time adjusting. Often, there will be parents unable because of work to go a few days with checking e-mail or monitoring text messages, which will result in a scurry for the nearest cell phone signal or Wi-Fi access point — not a restroom

Scott Romans, the leader for Springfield-based Troop 1518, said that as a leader, having a cell phone provides him with a bit of assurance, knowing that if something did happen, help would not be all that far away.

"When it's distracting to the main point of the activity, we'll suggest that [the cell phone] be put away," Romans said. "Hav-We're away from it for a ing said that, let me tell you that as a leader, when you go out camping with scouts, the ability to use a cell phone is reassuring.'

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During Boy Scout Troop 1018's hike through the Shenandoah National Park to prepare for an upcoming trip to Switzerland, Joseph White looks over a map, as his son, Harry White looks on. www.ConnectionNewspapers.com



Quinn Kratovil, from left, Kaylee Ahnberg and Amy McCormack light a ceremonial candle. In Troop 5002, leader Barb Hunter has tried to integrate technology into the scouting experience. 'I love embracing technology with the girls,' says Hunter.

4 ● A<sup>\*</sup> Education, Learning, Fun ● Camps & Schools ● July 2009 ● McLean Connection

Photo courtesy of Doug Donnell

THREE YEARS ago, Doug Donnell took his Troop 1018 to Switzerland for two weeks. With international cell phone restrictions, Donnell knew that his Boy Scouts likely wouldn't communicate all that much with those back home, so he decided to try a



Members of Barb Hunter's Girl Scout troop 5002 take a break during a recent whitewater rafting trip. They are, from left, Quinn Kratovil, Katie Ray, Amy McCormack, Jennie Allen and Kaylee Ahnberg.

rather innovative idea: He started a blog.

Troop member Dan Carew volunteered to write and blogged, posting daily updates and photos, from Switzerland. It was a hit. Parents logged on to read about what the children

from Reston, Herndon and Great Falls map." were doing and how the trip was going.

"It was very well received," Donnell said.

This year, troop member Harry White will carry on the tradition as

> Donnell and Co. will travel to Switzerland again July 16-29.

Members of Donnell's troop have also been some of the first to earn merit badges based on computer literacy. When his son William Donnell earned his merit badge for the program, he had to draw a map of the scout camp in Goshen, Va.

William Donnell, meanwhile, took things a step farther, drawing a three-dimensional, interactive map of his surroundings with a video game called Operation Flashpoint. A former computer science major at Virginia Tech, the project wasn't all that hard for someone like Donnell.

"I was just having fun with it, and I like computer stuff so it was pretty easy for me to get carried away," he said. "I had more fun with the map than I did with the game. It was definitely above and beyond using a computer to draw a

MIKE DONAGHUE remembers the days when he used to have to travel more than 5 miles from the Goshen Scout Reservation to the community's public library just to check his e-mail. Every third day, Goshen said, he'd power on a computer and flip through his messages.

Now, Goshen is one of the few, if not the only, scout sites that houses its own computer lab. Twelve Dell desktops were installed four years ago so Goshen could offer the merit badge program that William Donnell breezed through.

After breakfast every morning the computer lab fills to capacity, Donaghue said. Scouts are permitted to access the computers, whether it's researching material for another badge or completing the computeroriented badge program. It's a scenario that Donaghue envisioned when the computers were donated by McLean-based Booz Allen Hamilton

"We wouldn't have built it if we didn't think it would be an attractor,' Donaghue said. "We're not aware of any other camp that's outfitted like we are, especially with this particular technology center. I guess we're maybe a little more advanced."



McLean Connection • July 2009 • A\* Education, Learning, Fun • Camps & Schools • 5

# NVCC 'Guarances

#### From Page 3

"The arrangement covers some private and virtually all the public institutions in Virginia, except for [Virginia Military Institute]," said Bob Templin, president of Northern Virginia Community College.

Required coursework and GPA cut offs for automatic acceptance vary, depending on which four-year college or university a student would like to attend. But all students are obligated to earn an associate's degree before taking advantage of the "guaranteed admissions" arrangement.

Students who take some community college classes but do not earn their associate's degree are not eligible for "guaranteed admissions" and have to use the traditional application process at all colleges and universities who participate in the program.

According to Templin, students who earn an associate's degree tend to perform better academically at fouryear institutions.

"When you complete the degree program, your chances of doing well at the university are much better than if you come in and sample a few courses before transferring," said Templin.

AS THE PUBLIC hears more about the "guaranteed admissions" arrangements, Northern Virginia Community College will become more popular among students who have always intended to earn a bachelor's degree, said officials.

Competition to get into Virginia's top-tier state colleges and universities has grown so fierce among Northern Virginia high school students that even one of the South County Secondary School's recent valedictorians was not able to get into the University of Virginia.

"For students who are interested in going to some of the more selective universities in the state, this is a huge opportunity. For a lot of students, they find it difficult to get into these institutions from Northern Virginia," said Greg Schuckman, president of the Northern Virginia Community College's Board of Trustees.

Despite being a good student, Spatz said she is unsure she would have been accepted to the University of Virginia directly out of high school.

"If I had applied to UVA out of high school, I honestly probably wouldn't have gotten in. My grades were pretty good but my SAT scores were not very  $6 \bullet A^*$  Education Learning Fun  $\bullet$  C good and I couldn't take as many [Advanced Placement] courses as I normally would have because of my health," said Spatz, who graduated from Northern Virginia Community College's honors program with almost a perfect 4.0 GPA.

#### STUDENTS WHO are accepted to four-year undergraduate programs could also save a lot of money by attending community college for two years and transferring to a four-year school for the second half of their undergraduate program.

Community college graduates who use the "guaranteed admissions" program are given the same academic standing as a regular junior when they transfer to their new school. They could graduate in the same amount of time as students who attended the four-year institution for their entire undergraduate career, thereby saving a lot of

money. "[Northern Virginia

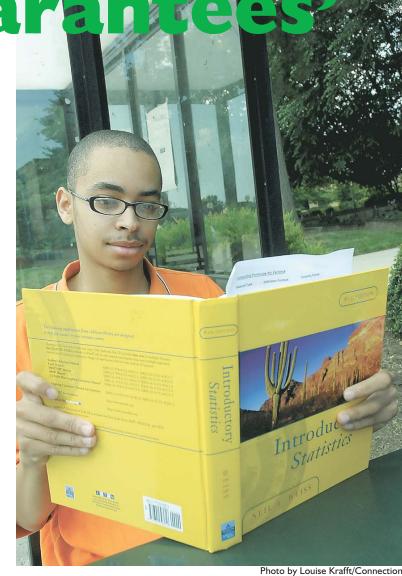
Community College] is cheaper than any other school in our area and it can save our students a ton of money. ... They pay less in tuition. They can stay at home and not pay room and board costs. And they can maintain their current job," said Joan Zanders, Northern Virginia Community College's director of financial aid.

"I am very happy that I did it. It was nice to know I could guarantee my admissions somewhere."

- Suzanne Spatz

The two-year school's tuition is approximately \$105 per credit hour compared to approximately \$573 per credit hour at George Mason, \$282 per credit hour at Virginia Tech and \$790 per credit hour at the University of Virginia, according to those school's Web sites.

"We are a good option for lots of folks who would normally go to a four-year school directly but are having a difficult time because of the economic crisis. ... You can still get the degree of your choice but, for two years, you will have much lower tuition. " said George Gabriel, vice president for college



Kyle Hollis looks over his statistics textbook in between classes at Northern Virginia Community College.

> advancement at Northern Virginia Community College.

**NOT ONLY** is it more affordable but students who perform well at Northern Virginia Community College tend to be very good pupils at four-year schools.

The University of Virginia found Northern Virginia Community College graduates who transferred to their programs achieved as much or more than those who came to the school directly from high school, said Schuckman.

George Mason University found similar results when it compared community college transfers to its other undergraduates, said Andrew Flagel, Mason's director of admissions.

"There is a pretty strong correlation between a student's GPA at a community college and a student's GPA at a four-year college. Actually, the indicators we have for student success from high school – their GPA and test scores – are very weak predictors of how they will do in college," said Flagel.

### **THERE IS** some fine print to read as students navigate the guaranteed admissions program.

The guaranteed admissions arrangements do not always apply to specialized or highly competitive programs at a particular college or university.

For example, McLean resident William Law was interested in using the guaranteed admissions arrangement at the University of Virginia, until he discovered it did not apply to the school's business program, the McIntire School of Commerce.

"Since I had my heart set on getting into McIntire, I did not want to make a binding agreement with any other college/program," said Law, who will attend the business school next fall, in an e-mail. "I think the [guaranteed admissions agreements] are an excellent tool and certainly a major selling point for those considering NVCC. When I talk to people about NVCC, that is generally one of the first things I mention."

But Melody Spatz said it can often be very difficult to keep up with all the requirements and dead-

lines associated with the guaranteed admissions agreements. For example, students have to send a letter of intent to many schools – declaring that they will definitely attend that school if admitted by a certain deadline. If they are deciding between more than one school, students also must keep on top of the various course requirements that each college wants students using the guaranteed admissions arrangements to have completed.

"I think it is a good program but you have to be really well informed. We made flow charts with all of the deadlines on them. ...It is not an easy process. There are a lot of things you have to keep up with," said Spatz.

**STILL**, Northern Virginia Community College's enrollment numbers are up 15 percent from last year, when the total student population was approximately 67,000. Officials said there has been a surge particularly among younger students.

Northern Virginia high schools collectively graduated the largest class of seniors in the history of the region this year, said Schuckman, president of the NVCC's Board of Trustees. Among Fairfax County Public School students, Northern Virginia Community College is the most popular destination, he said.

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6 • A\* Education, Learning, Fun • Camps & Schools • July 2009 • McLean Connection

# Been the Heat With Hockey

Kettler Capitals Iceplex offers camps for children of all skating abilities.

> By Mark Giannotto The Connection

hen the idea to put two ice rinks on top of the garage of Ballston Mall was hatched back in 1998, the main goal was to attract the Washington Capitals as lead tenants and make the rinks their practice home.

But when the team joined up with Arlington County in a public-private partnership, county officials made sure the facility would not be exclusive to elite hockey players, it's aim being to create more of a skating community center for the public to enjoy.

Eleven years later, Kettler Capitals Iceplex is not only home to the George Washington and Georgetown University hockey teams, but also the unofficial rink of choice of six area high schools, several youth leagues, and numerous skating programs.

So while some choose to escape the heat in the pool this summer, KCI and the Washington Capitals are offering a wide array of camps meant to supplement the skills of everyone from those just learning to skate to high schoolers attempting to make it to the elite levels of the hockey world.

"Kettler summer camps are a great way for kids to cool off, have fun, and learn a new skill this summer," said Iceplex marketing director Racqel Self. "Cooling off from a deep playoff run, the Capitals have organized specialized summer camps to fit the needs of each camper."

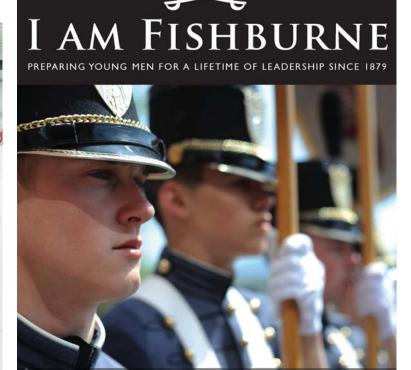
THE ICEPLEX HAS four different camp www.ConnectionNewspapers.com opportunities for children ages 4-14. The Summer Fun Skating Camps are designed for beginning and intermediate skaters that aren't looking to gain any sort of competitive hockey edge. Campers are grouped by age and skill level, and at the end of the week each group performs an ice show. Themes for each week can be anything from "Caps Rookie Camp" to "High School Musicals Week" to "Rock & Roll."

Camp sessions are weekly and run from July 13-Sept. 4.

For those who know how to skate, but are looking to learn the finer skills of ice hockey, there's Slapshot's Hockey Fun Camp. With a daily visit from honorary camp director and Washington Capitals mascot "Slapshot," children ages 6-12 and of all skill levels are welcome to attend what Self calls "the highlight camp of the summer." Full hockey gear and some skating experience are required. There is just one session, from July 27-31.

If hockey is already in the blood, the Capitals are also offering the Capitals Elite Hockey Development Camp for children ages 7-14. The camp will focus on a higher level of instruction to fine tune each player's game. Washington Capitals coach Bruce Boudreau and his staff will also be on hand to help give campers tips. The lone session takes place Aug. 17-21.

KCI will also play host to some non-Capital sponsored camps. On July 20-24 and Aug. 10-14, Jeff Serowik's Pro Ambitions Hockey, Inc will come to Arlington. The company hosts camps throughout the United States and is aimed for children ages 6-18 and all skill levels. It is the official development program of the Division-I NCAA hockey conference America East, which features schools like Boston University, Boston College, and Vermont.



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## Fairfax Symphony Orchestra 2009-2010 Season



Christopher Zimmerman, Music Director

September 12, 2009 Christopher Zimmerman, Music Director BERNSTEIN: Symphonic Dances from West Side Story ELGAR: Introduction and Allegro for Strings STRAVINSKY: The Rite of Spring

October 3, 2009 Jon Manasse, clarinet MENDELSSOHN: Overture to The Fair Melusine MOZART: Clarinet Concerto BEETHOVEN: Symphony No. 4

November 21, 2009 Chu-Fang Huang, piano FALLA: The Three-Cornered Hat, Suites 1 and 2 GERSHWIN: Rhapsody in Blue RAVEL: Piano Concerto in G GINASTERA: Estancia January 23, 2010 Augustin Hadelich, violin HAYDN: Symphony No. 92 BARBER: Violin Concerto SIBELIUS: Symphony No. 1

March 13, 2010 Alon Goldstein, piano BORODIN: In the Steppes of Central Asia DORMAN: Piano Concerto (East Coast Premiere!) SIBELIUS: The Lemminkäinen Legends

May 1, 2010 Celebrating Women in the Arts Julie Albers, cello HIGDON: blue cathedral ELGAR: Cello Concerto MOZART: Symphony No. 38, Prague BARBER: Medea's Meditation and Dance of Vengeance

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